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# **My Irish Dance Journal: The Continuous 12 Month Approach To Keeping Track Of My Irish Dance Practice, Goals, Results, Aspirations And Lots Of Other Stuff**





## Synopsis

THE NEW CONTINUOUS YEAR VERSION OF THE POPULAR "MY IRISH DANCE JOURNAL" IS NOW AVAILABLE! Irish Dancers are a unique breed. Even at the most elite levels, they are involved students at school, accomplished musicians, leaders, community volunteers and exceptional athletes. It is imperative that they understand how much time they are devoting to their many activities, and how much time they are devoting to honing their craft of Irish Dance. Allowing the dancer to start at any month and track their information over a 12-month period, this journal allows dancers to track the time they have spent practicing and pursuing their goals, and also allows them to record their Feis results and goals. Dancers are encouraged to share this journal with their teacher, to document their progress and to review their growth as an Irish Dancer throughout the year. This second edition reflects expansions and changes requested by Irish Dance teachers worldwide, including expanding the "class notes" section, and modifying the time tracking sections. The author welcomes comments and suggestions, and endeavors to incorporate improvements. Created by a certified Irish Dance teacher and adjudicator, the author began her Irish Dance studies in 1969 with one of the most pre-eminent figures in Irish Dance in the United States, and continued to study with him until the early 1980's.

## Book Information

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## Customer Reviews

A certified Irish Dance teacher and adjudicator, Sharon Flynn Stidham holds a Bachelor's degree in Mathematics and a Master's Degree in Business Administration. In addition to her Irish Dance pursuits, she is a college professor, a certified Secondary teacher of Mathematics, and an artist. Her long-suffering husband reluctantly shares her with her artistic pursuits, their adult children, and two

cats. His revenge is to drag her around the world on vacations and forcing her to relax despite her protests.

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